

# 20 | LUNCH 24 | WINTER

## PROTEINS

Charred Flank Steak, Panache of Grilled Vegetables, Grains & Chimichurri

Twice Cooked BBQ Beef Brisket, Blistered Peppers, Courgette & Heirloom Tomatoes Moroccan Spiced

Grilled Lamb, Bean Cassoulet, Apricot & Green Olive Salsa

Crispy Pork Porchetta, Griddled Asparagus, Courgette & Caramelised Onions

Harissa Grilled Chicken Breast, Green Beans, Olives & Preserved Lemon Salsa

Aromatic Butter Chicken, Yoghurt Drizzle & Cilantro

Charred Swordfish, Cauliflower Puree, Edamame Salsa Rossa

Medley of Grilled Seafood, Colourful Grains, Preserved Lemon Pico De Gallo

Confit Sardine Fillets, Preserved Lemon & Peppers Salsa, Gremolata Crumbs

## VEGETARIAN/VEGAN

Stuffed Bell Peppers, Tomato & Capsicum Sugo, Fennel, Citrus Salad

Housemade Spanakopita, Cucumber Labne

Teriyaki Glazed Eggplant & Tofu, Bok Choy, Pickled Ginger & Toasted Sesame Cauliflower & Tofu

Sweet & Sour, Scallion, Peppers & Pineapple

Hokkien Noodle Stirfry, Asian Greens, Cashews & Egg Omellette Strips

Pan Fried Gnocchi, Air Dried Tomato, Artichokes, Spinach, Sugo Sauce

Pumpkin & Ricotta Ravioli, Burnt Butter & Pinenut, Crispy Sage

Char Grilled Butternut Pumpkin, Afghani Khajana, Apricot & Cranberry Relish, Seeds, Herbs

### All lunch menus are accompanied with the following items:

- Selection of Warm Breads
- Vegetables
- Starchy goodness
- Garden Salad
- Chef's Salad
- Assortment of Desserts



# ZEN 2024 | WINTER LUNCH

## MORNING TEA

Spring Pea & Crumbled Persian Feta Bites

Selection of Baked Cakes & Pastries

Baby Bagels, Smashed Avocado & Blistered Truss Tomatoes Made By

Kade Falafel, Smoked Eggplant Relish & Baby Herbs Seasonal Fresh

Tropical Fruit Platter

Selection of Baby Sandwiches

Hot Mini Pies & Sausage Rolls

Assortment of Warm Quiches

## AFTERNOON TEA

Pineapple Tea, Lychee Popping Pearls & Mint

Fresh Fruit Salad, Coconut Yoghurt Pots, Toasted Granola House made

Raw Power Muesli, Seasonal Berries

Soda & Lemon Myrtle Scones, Vanilla Whip & Macerated Berries Eclairs,

Profiteroles & Macaroons

Chocolate Filled Churros, Cinnamon Sugar Dusting

Mini Lamingtons & Tartlets

Citrus Crème Puffs, Poached Cinnamon Apple

